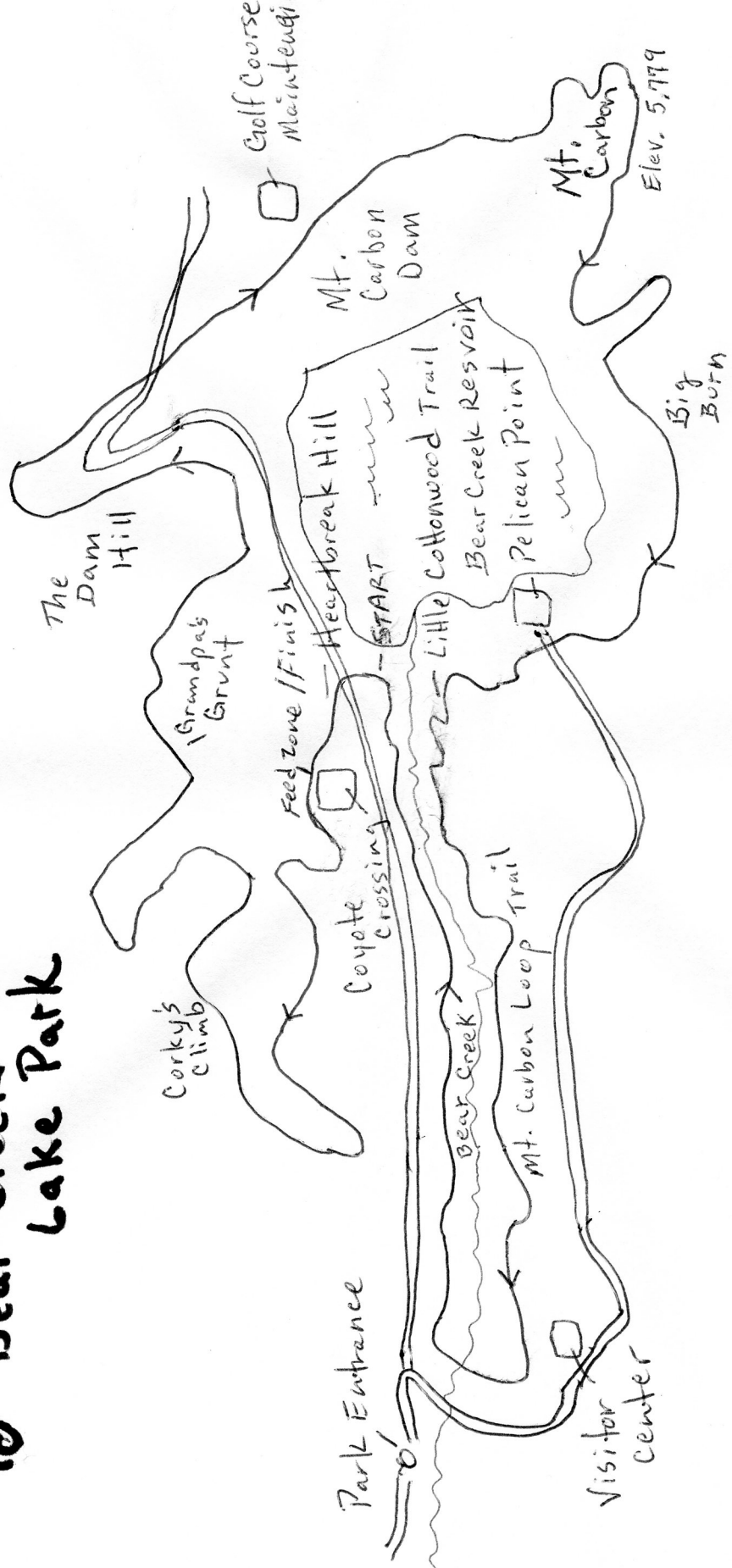


# Battle the Bear

~ 10 miles

## @ Bear Creek Lake Park



## Battle the Bear Course Description

### Course Summary:

Hang on to your hat Nellie, this one's a ripper! Put it in the big ring and step on it. We're going the other way this year and added another climb. It's a 10 mile loop, five punchy climbs, three wooden bridges...

### Course Directions:

Start will be down at Fisherman's parking lot. We will have a starting loop - a neutral rollout onto the paved road, drop the flag there, and race west on pavement to the first right double track climb that we descended last year. Climb up to top, right on singletrack to join the racecourse where you will make six laps. Continue east and north, crossing canal on the first of wooden bridges, and turning left west onto double track. Speed down to northwest corner of park, past metal gate, and head back east paralleling Morrison Road. Bear right and ascend **Corky's Climb**. Descend and make sweeping U-turn back north onto double track along canal. Head back to Morrison Road and make right turn east and ride along road to trail juncture at post, and bear right heading south. Scream down to next climb at the fork, **Grandpa's Grunt**, which is the first steep left you can make heading directly east. Push up and over, continue east to bear right for swooping descent onto double track road heading south. Blast down to the next juncture alongside the paved road, and turn left east go over concrete bridge and ascend the third climb, that **Dam Hill**. Follow the trail up and over the top, down across road, alongside fence (use caution), past maintenance building and up fourth climb the switchbacks of **Mt. Carbon**. Climb up, head west again my son, and continue down Mt. Carbon. Cross the bike path at bottom, through the big burn, continuing east on Mt. Carbon Loop trail. Bear right across wooden bridge into the trees, go north to trail juncture and look for Cottonwood Trail, which will take you up bearing north. (not the farthest right trail). Cross paved road, bear left at fork, descend left follow Cottonwood Trail, then turn right at next junction go north across next wooden bridge following this twisty trail along the banks of creek. Exit Cottonwood turning right west onto wide Fitness trail. Go 20 meters and turn off Fitness trail sharp uphill left to paved road. Bear right and follow this singletrack west paralleling paved road. Bear right, descend drop onto double track following Mt Carbon Trail again. Turn right north at next juncture, go 20 meters through trees and bear left up next to paved road and cross bridge over creek on cement next to road. Go 25 meters alongside road and descend right onto Mt Carbon Loop Trail going east along creek. Blast through old creek bed (or take wooden bridge - your choice) and sprint back to the finish along the creek. Exit the creek trail at the very end where it turns sharply left north and spits you out into the Fisherman's parking lot where you staged for start. The racecourse runs through the staging area, crossing the paved park road ascending your final push of the loop, **Heartbreak Hill**. You will lap through the Feed Zone and Neutral Support at Coyote Crossing. The Finish Line will be here on your last lap into the expo area!